



2022 ANNUAL REPORT



HEW FOUNDATION

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HEW Foundation is a non-profit organization, registered under Societies Registration Act, 1860. Organization comprises of a dedicated team striving hard to enable underprivileged segments of the society to access to a quality education and healthcare all around Pakistan focusing on innovative solutions and community-led initiatives.

The HEW Foundation empowers individuals and communities to achieve their goals and dreams utilizing their full potential by their skills and vision infused by the foundation. The foundation helps and encourage in building schools and clinics. It provides training to healthcare providers, educational resources to the targeted underprivileged masses without distinction of cast and creeds. The HEW Foundation is committed for making a positive impact in the lives of people in need.

Community Development through Health, Education and Welfare.



Dr. Ghulam Mustafa

(MBBS, Nauro-Physician)

President HEW FOUNDATION

Hew foundation is an organization who believe in to work at gross root level in different cities and villages of Pakistan. We provide **training to volunteers** and provide **technical assistant** to support the local residents **physically and webinar**. Created feel of responsibility in masses to play their role in building of social structure. Help the destitute people to improve their livelihood with prestige.

Initially, started **free medical camps** through out Sindh, particularly in remote area of Sindh and Punjab. Later on after seeing interest of local public and support of volunteers this organization has established 5 medical centre and working on to start online clinic in rural areas to provide quality care health services.

Similarly in education sector, organized number of career counseling programs in different cities through experts. Provided free of cost classes for potential candidates of CSS/PMS candidates and established CSS/PMS preparatory School, Latifabad.

During flood and Rain emergency, organized medical camps with qualified doctors along with paramedical staff, medicine and basic lab test coverage through out Sindh. After seeing prolong period of evacuation of flooded water, people were stuck in area. Therefore, an area of District Nousherferoz was selected. Where warm cloths, Jackets, sweaters, blankets, sleepers were distributed. Rs 50,000 Cash amount was distributed number families in District Kamber.

Climate change is a big problem of Pakistan. Responsibility lies on every citizen of Pakistan to promote greenery and avoid waste and reduce the practices which lead to increase the pollution. twice in year our volunteers conduct the programs for awareness to stop pollution and increase plantation through tree plantation.

We hope that this organization will its play role to change the society through dedicated work.

Hew Foundation

Object

HEW Foundation is an NGO, registered under Societies Registration Act, 1860. HEW is acronym "H" for Health, "E" for Education and "W" for Welfare. The journey of success has been going on for many years. It has faced many difficult stages, hurdles, rivalries, disappointments yet remained resilient at the face of these challenges. This resilience has resulted in some milestone achievements as it has succeeded in arranging General medical camps, surgical camps, Hepatitis Screening and Vaccination camps in schools and masses, Blood donation Drives camps were organized by team of foundation.

Further, as per objective, the organization has establishment HEW Medical Centers in Latifabad, Hosri, Kotri, Bag e Korangi, Altaf Nagar Orangi Town. In Educational sector scholarships for students, awareness career counselling programs, Seminar were also organized in different cities. Beginning of CSS, PCS classes through CSS/PMS Preparatory School, with collaboration of lead educational system on nominal fee. Virtual assistance training program has been completed successfully helping in providing Employment Opportunities. Work is still continued on many fronts including financial assistance. Journey of development, the support of the people of the donors and the members of the Hew Foundation is very praiseworthy. It is our mission that the work will continue for the welfare of the local and underprivileged class in the future as well.



Team work

S.No	Name	Designation
1	Dr. Ghulam Mustafa	President
2	Muhammad Tariq	Vice President
3	Muhammad Akram	Secretary General
4	Fareed Ahmed	Finance Secretary
5	Advocate Muhammad Alam	Legal Advisor
6	Tahreem Arish	Joint Secretary
7	Sana Parveen	Advisor /Member
8	Dr Furruxh Rais	Advisor /Member
9	Raess Ahmed	Advisor /Member
10	Dr Rashid Siraj	Member
11	Suhail Murad	Member
12	Zubair Ahmed	Member
13	Rashid Shakoor	Member
14	Dr. Saleem Qadeer	Member
15	Ms Rizwana (Ph.D)	Member/Advisor
16	Mr Saleem Khan	Member
17	Rafy Haroon	Member
18	Ilyas Ahmed	Member
19	Shahid Ahmed	Member
20	Pervez Altaf	Member/Advisor
21	Ashfaq Ahmed	Member



<Bag-e-Korangi

After conducting survey it was decided by the organization to open welfare clinic in Bag-e-Korangi, Karachi. Where Lab, Pharmacy and consultants are offering their services in nominal fees. Local community is very much supportive and offering their services related to social mobilization for conducting Medical Camps and Health awareness sessions.

<Kotri, Jamshoro

Medical centre was established where mostly labour workers of factories are living. Resident of this area is low paid and living below the poverty line. Here hepatitis B and C , mouth ulcer , and water borne disease are being reported. This organization is working with local community to provide the quality care and nominal fees just to avoid functional patients.

<Altaf Nagar, Orangi

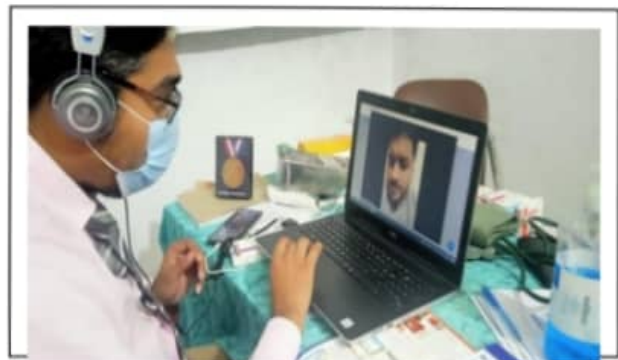
Another suburb area of Karachi was selected by the organization. Here online consultation is being provided through internet. Para-medical staff provides assistance and basic medicine are being provided after consultation of Doctor. Some doctors are providing online consultancy. Dr. Bilal Nauro-Physician, Dr. Zafar Iqbal Diabetologist. Dr Khatija.

<Latifabad#7

Centre is located in centre of city Latifabad. Where experienced consultants are offering their services. In this Centre New Qadeer Pathology Lab , X-Ray and Ultra Sound facilities already available. Ophthalmology unit has been installed. Where periodically free of cost operations are being carried out.

< Hosri, Hyderabad

Hosri is a village nearby Hyderabad city. Where Health care services are being provided to resident of village. Where proper doctor and medicine are available through this organization. Here every month free medical camps are also being carried out to provide maximum coverage.



01

Village Sarhari,

26th September 2022, Foundation carried out a free medical camp for the flood and rain effectees at village Sahri near Nawabshah. Hundreds of people were examined and provided with free of cost medicines. Dr. Hamid Shakoor Pediatrician, Dr. Amber Hamid Gynecologist, Dr. Akram General Physician, Dr. Irum Akram Gynecologist and Dr. Dua performed their duties during camp. Camp was facilitated by the local team Muhammad Alam Shams, Abdul Gaffar, Rehan Akhter, Amjad Gani, Aijaz Akram, Muhammad Ilyas. Mr. Ghaffar, Nasir and Awais Khanzada. Prime objective of the camp was to facilitate and minimize the sufferings of flood effected. Recent flood poured and undaunted the different area's in Sindh and devastated infrastructure of the area.

03

Nousheroferoz

On 23-10-22 one day medical camp was organized by volunteers of foundation in District Nousheroferoz. Mass publicity was ensured through local radio, announcement in mosque and banners were placed in prominent places of rain and flood affected areas. Dr. Bilal and Aqsa Sehto ensured free medicine, consultancy and lab test free of costs. Total 1510 patients were treated.



02

Altaf Nagar, Orangi

On 18th January 2022 a one-day free diabetes camp was organized by the Foundation in Altaf Nagar, Orangi Town Karachi. On this occasion, Dr. Zafar Iqbal Abbasi, a diabetes specialist, provided his services. While free medicines were also provided to the patients. Dr. Zafar Iqbal Abbasi gave health session to patients. He said that the disease of diabetes is spreading rapidly in Pakistan. About 23% of the country's population is suffering from this disease. He said that we have left the habits of daily exercise and adopted eating un-healthy items. He said that there is an urgent need to bring changes in our daily routines. On this occasion, patients and participants appreciated the tireless service of HEW Foundation and hoped that this work will be continued.

04

Village Bucheri

On 18-9-2022 a medical camp was arranged in Bucheri is village near District Banazirabad. During general medical camp free medicians, consultancy , lab test were arranged for rain affected people of surrounding. Male OPD 245, Female 300, Paeds 315, Lab test 65. Nasir Ahmed and his team made this event successful. Awais Ahmed, Gaffar Ahmed , Dr Akram Khan, Ilyas Ahmed. Dr Bilal Ahmed.



05

Eye Surgeries

Hew Foundation conducted free medical camps in remote area of Hyderabad Division. Hosri, Kotri, Tando Hyder. Where patients were screened and selected for free of cost surgeries. Surgeries were conducted by renowned surgeons in Hew Medical Centre, Latifabad, Hyderabad.

On request of citizen of Tharoshah Town of District Nousherferoz two days eye surgical camp was organized by the volunteers of foundation. Where free optical glasses, phaco surgeries, free medicine and lab test were conducted. In two days 828 OPD, 72 surgeries were operated by consultants. In 2022 total 107 free of cost surgeries were recorded. They were provided transportation facilities by the organization. Sindh Institute of Ophthalmology & Visual Science, Sindh (SIOVS) and this organization's medical Team including Dr Shahid Jamal, Dr Nusrat Shah, Dr Naseem Alvi ophthalmologist and volunteers of foundation made these event successful.



International Day

On 14th November World Diabetes day observed in bag-e- Korangi and led by renown diabetologist Dr. Zafar Iqbal Abbasi from Baqai University, Karachi. Where, he briefed before electronic media and print media personals regarding increasing of numbers of cases day by day. He pointed out that our life style and eating habits need to be changed and simplified.

06

Sira-e-Mughal

Sira-e-Mughal is a village near District Phool Nagar, Lahore Division. Local residents contacted with management and requested to start social work in their UC. Team has been built up. Survey was conducted regarding social and economic issue of the residents. Different events are being organized with support of volunteers. In first phase consultative meeting was carried out through webinar.



It was requested by the residents that a medical camp should be organized wherein different doctors from different speciality should be invited for participation.

Dr Muhammad Awais MBBS, RMP Social Security Hospital, Lahore, Dr Fahad Vark, Dr Arsalan Shabir, Medical officers, JPMC, Lahore, Dr Humuma Gul Gana Ram Hospital, Lahore, Dr Yamna Khanzada Gyneacologist Meo Hospital Lahore, Dr Yasmeen Imran MS, Phool Nagar Hospital, Phool Nagar, Lahore.



Rehabilitation

HEW Foundation's volunteers conducted survey in area which was surrounded by rain water. It was difficult for them to reach through vehicle. They use boats and meet with resident of different villages. Their houses were fall down by stung water. Their livestock were at vulnerable condition.



S.No	Name of Village	Population
1.	Ali Bux Metlo	750
2.	Qadir Bux Saand	634
3.	Raaziq Dino Solangi	567
4.	Ramzan Dahri	789
5.	Hajan Shah	845
6.	Ahmed Khan Dahri	456
7.	Allah Bux Saand	832
8.	Peer Pandhi Goth	347
9.	Misri Pat	968



Aerial view of a village during distribution of goods



Nousherferoz:- Programs for warm cloths distribution were organized by volunteers of HEW Foundation Tharoshah at village Sattar Rajpar, Illahi Bux, Qadir bux saund, Razik dino solangi, Ramzan dahri, Ali bux Metlo, Hajan shah, Ahmed khan Dahri, Sukhio lungio, Allah bux saund etc. Further on request from head masters of schools the program of distribution was extended to their school also.

Volunteers:- Sajid Siraj, Atif Omer, Muhammad Ibrahim, Yaqoob Ahmed, Muhammad Shafi, Muhammad Basit, Muhamad Salar Rahid contributed their services to make this program successful.



Govt Secondary School, Haripur, District Nushero feroz

S.No	Name of Schools	Student /Items
1.	Government Boys Urdu Primary School Haripur.	150 / 200
2.	Government Boys Urdu Primary School Karnali Mohalla.	150 / 250
3.	Government Boys Elementary & Lower Secondary School) Haripur.	200 / 300
4.	Government Campus Urdu Primary Main School Tharushah.	200 / 300
5.	Government Campus Sindhi Primary Main School	650 / 900
6.	Government Girls Secondary School (2nd Shift).	150 / 250

Detail of Schools where warm cloths were distributed



CSS/PMS Preparatory School

We provide free of cost classes for preparation of Competitive exams i.e CSS/PMS and other competitive exams through qualified civil servants. Agreement was signed with lead school system for regular classes.



Establishment of Library

This organization provides opportunity to students peaceful environment to conduct study in public library which was established in District, Tando Allah yar. Here students can issue books for reference and can prepare their notes.



Awareness Programs

It is observed that students are facing problems while selecting the subject during school study. After seeing its importance sessions were conducted through experts. Which will help to students.



Scholarship Program

Membership in Scholarship was announced in District Tandollahyar. Top scoring students received appreciation award, certificate and membership for future program. Moreover, different programs are being organized to provide awareness and competition for their career building.



Training Program

Virtual Assistant Training Programs were organized by Engineer Basit Ahmed in shahfaisal, colony, Karachi. There classes were provided free of cost for two months. 47 candidates got on training and now they are earning handsome amount from e-commerce. This organization is designing program to provide similar training at different cities of Pakistan.





Future work plan

This organization is working in Health, Education & Welfare. It will ensure that such services as provided in 2022, would become more productive and result oriented. In coming year, and shall strive hard to extend network in different cities. It will continue working together with Government Departments, NGO and INGOs to maximize the impact of the intervention for the greater good of the society.

01

Education

In education sector Career Counseling Programs, Scholarship for deserving students , establishment more library in remote area of Pakistan where this organization is working . More training session will be provided to public will be initiated in remote are of Pakistan.

Scholarship program will be initiated in different different cities Jamshoro, Noushero feroz, Nawabshah and Hyderabad cities. For selection of For that process has been completed by conducting aptitude test.

02

Health

Medical camps in remote area of Pakistan will be organized through our volunteers with free medicine , lab test and consultations.

Diabetes clinic will be established in different cities and town of Pakistan to provide the quality health care service .

Organization intends to promote online clinic through Patients management system.

For public awareness Health Session will be arranged publicly.

03

Welfare

Rashan begs distribution during ramzan and emergency will be continued. To increase job opportunity training programs will be continued with financial assistance .



THANKS



QR CODE

Office:

- (1) B-48, Shah Faisal Town, Jinnah Avenue, opposite Security printing press, Malir Halt, Karachi.
- (2) HEW Medical Centre, 2nd floor of New Qadeer Lab, Latifabad 7, Hyderabad.
- (3) 2nd Floor, KZ Community Hall, Court Road, District, Tando Allahyar.